

ABSTRACT OF THE DISCLOSURE

An information storage medium in which speed information has been recorded, and a method of recording and/or reproducing data on the information storage medium. The information storage medium includes a reproduction-only area in which recording speed information and/or reproducing speed information which indicate whether a drive can record and/or reproduce data on the information storage medium are recorded. The method of recording and/or reproducing data in an information storage medium, the method includes: recording, as reproduction-only data in a reproduction-only area, recording speed information and/or reproducing speed information, which is used to indicate speed capabilities to a drive; and recording or reproducing data on the information storage medium when a recording speed or a reproducing speed capability of the drive matches the recording speed information or the reproducing speed information.